FESTINA
Smartime

SMARTIME

Basic Model No: F50000

Serial Model No: F50001, F50002, FES03B

LeMovt Hybrid Smart Watch With Mechanical Hands & Heart Rate Monitor

User Manual

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Mechanical Watch Hands

Crown
按键

（3）**Basic Operation**
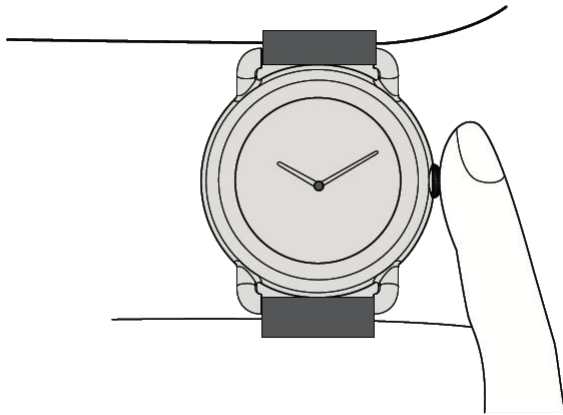
Power On/Off: Press and hold the crown for 3 seconds.

Reset: Press and hold the crown for 10s to activate the watch.

Wake up the watch: When the screen turns off, press the screen or the crown t wake up the watch.

Press the Crown

When the watch screen is off, press the crown to wake up the screen.

When the watch face is on, press the crown to enter application menu.

When the application interface is on, press the crown to get back to the application menu.

Long Press the Crown

Press and hold the crown for 3 seconds to power on and off the watch.

Press and hold the crown for 10s to activate the watch.

Rotate the Crown

If the display page is longer than the screen, rotate the crown to check more pages.

(4) Screen Navigation

The Lemovt hybrid smart watch has an **AMOLED** color touch screen built under the mechanical watch hands.

From the Watch Face:

Swipe up to check message notifications, including missed calls, SMS, social messages, emails. Notifications can be all deleted.

Swipe down to get to quick setting. Click corresponding icon to check weather, check battery, check QR code, adjust screen brightness, check bluetooth connection mark, find your phone, or turn the watch vibration on/off.

Swipe left/right to check weather, music control, sleep monitoring, multi-sport mode, breathing exercises, heart rate monitoring or check workour data.

2. Specific Functions And Operation

（1）**App Setup**

A. More functions can be experienced after pairing with the app.

B. Download the app for your iPhone or Android mobile.

C. Make sure your mobile is running Android 5.5+ or iOS 9.3+, and supports Bluetooth.

D. While installation, the app will ask about limitation to your phone camera for scanning to pair or to calibrate the watch. Personal information (height, weight, gender etc.) will be requested to calculate your step size, activity distance and calories burned.

（2）**Pair the Watch**

* Turn on the mobile Bluetooth and make sure your mobile network is working.

A. Turn on the watch and select a language for first usage.

B. Start the app on mobile, create a new account or log in with an existing account.

C. Select Smart Hybrid Watch from the device list and pair the watch with the mobile by scanning the QR code or searching Bluetooth number.

（3）**Watch calibration**

* After pairing, follow the instructions on the mobile app for scanning calibration or manual calibration. Make sure the watch hands show the correct time.

* If your watch hands needs to be re-calibrated for any reason, you can do the calibration again in the mobile app settings.

A. Scanning calibration: Place the watch in the scanner until the watch hands move. Calibration completed.

B. Manual calibration: Using the app, rotate the dial or tap the +/- buttons to align the hour and minute hands to the blue line. Tap on Hour Hand or Minute Hand to switch for calibration. Once watch hands are aligned, tap Next to save. Calibration completed.

（4）**Change the Watch Face**

A. Watch: Press and hold the watch face till a thumbnail appear, swipe left and right to check all the watch faces, tap to confirm the watch face.

B. App: Start mobile app, go to settings, go to watch face settings, select a watch face or customized one, tap to confirm the watch face.

(5) **Record Daily Workout**

* We recommend syncing your watch data to your mobile app every day so you can record and save your workout data.

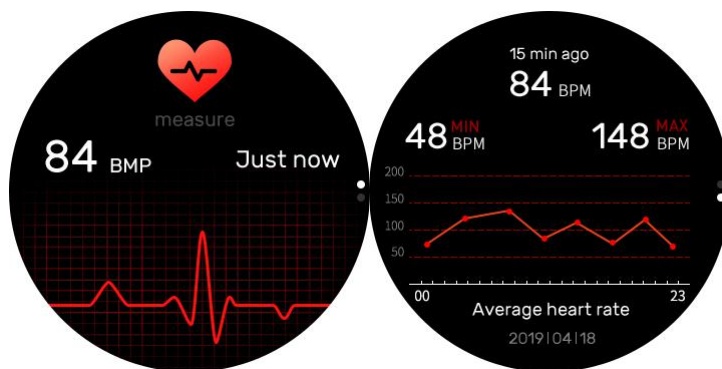* Each activity goal value can be set on the mobile app.
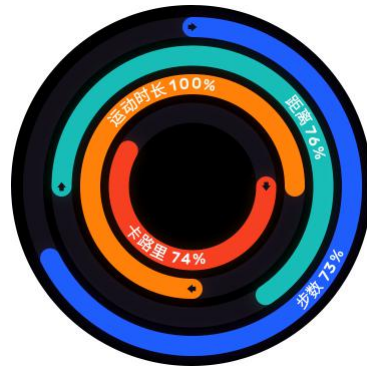
A. Press the crown on the watch face interface to enter the activity record interface.

B. The activity record interface shows the activity steps, distance, time, calories burned and completion percentage of daily activity goals.

C. Scroll up and down to check detailed information.

（6） **Heart Rate Monitoring**

A. Watch: Go to heart rate monitoring interface, automatically start real-time measurement, measurement results will be displayed in 20 seconds. Scroll up to see heart rate details.

B. App: Start mobile app, go to settings, auto heart rate monitoring can be set, heart rate alarm and HRV auto tracking as well.

（7）**Breathing Exercise**

Go to breathing exercise interface, tap Start, follow the instructions on the watch to start practicing. The whole exercise lasts 2 minutes.

（8）**Multi-sport Mode**

Activity data can be detected under walking, running and cycling sport mode.

A. Go to multi-sport mode interface, tap to check history data

B. Tap the corresponding icon to enter walking, running or cycling mode.

C. Free target can be set for each mode. Distance, time, steps target can be set as well.

(9) **Sleep Monitoring**

A. Go to sleep monitoring interface, tap to start monitor total sleep time, deep sleep time and light sleep time.

B. In the sleep monitoring interface, swipe up to check history data.

C. Auto sleep monitoring can be set on the mobile app.

(10) Music Control
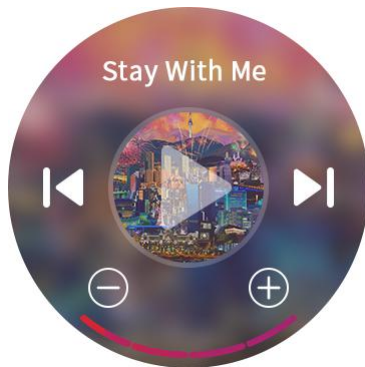
* Before starting this function, make sure music player is started on your phone.

A. Go to music control interface, tap to start playing music.

B. Tap the corresponding icon to switch the previous or the next song, and to turn up or turn down the volume.

(11) Weather

A. Watch: Go to weather interface, swipe up or down or rotate the crown to see more information.

B. Go to the watch quick settings, tap to go to the weather details page.

C. Cities can be switched on the mobile app.

(12) Notifications

* In addition to mobile notifications, inactivity notifications, goal complete notifications or set alerts will be received as well.

A. Swipe up from the watch face to go to the message notification interface.
B. Tap the corresponding icon to check missed calls, SMS, emails, social messages. All notifications can be deleted.
C. Notification types can be selected on the mobile app.

(13) Quick Settings

A. Swipe down from the watch face to go to the quick access interface.
B. Tap the corresponding icon to check weather, QR code, Bluetooth connection mark or to set the watch brightness, type of vibration and find your phone.

3. Product Configuration
- AMOLED Display
- Full touch round screen with mechanical hands and a crown
- 6-axis accelerometer
- Heart rate sensor
- Gyroscope
- Lithium battery
- 5ATM waterproof
- Wireless charging

4. Cleaning and Maintenance
- Please use the watch within the temperature range of 0 °C ~ 35 °C, store the watch and its accessories within the temperature range of -25 °C ~ 55 °C. Under too high or too low ambient temperature, the watch may be out of order.
- If charging interface does not appear on the watch while the charger is connected, please adjust the charger and watch position to ensure proper connection.
- Please do not soak your watch in any liquid chemicals like soap or seawater for long time.
- Please do not soak your watch in a hot spring or a jacuzzi.
- Please avoid sharp drop or strong strike to ensure the waterproof and dustproof function.

- Please keep the watch and strap clean and dry. It is not recommended to wear the watch over tightly. Please take off your watch after wearing for a long time and rest your wrist.
- Unless otherwise stated, this device is not a medical device and is not intended to diagnose or prevent any disease. But we will track your daily activities and health information as accurately as possible.

5. FAQs

- How to synchronize the data on the watch to the App?

If your watch is already connected with the app, data on the watch will automatically updated and synchronized when you start the app, or you can tap the sync ( ) icon on the app for manually synchronization.

- How to reduce battery consumption?

To reduce battery consumption, it is recommended to set the screen off time to be 10 seconds and to reduce the brightness and vibration intensity of the watch. When the touch screen power is off, the watch hands will continue to run for 60 days.

- What if the watch freezes?

If the watch screen freezes, press and hold the crown for 10 seconds until the watch reboots and the dynamic diagram appears.

- How do you calculate the calories burned?

Calories burned are calculated based on the data you input while creating your account (gender, age, height and weight). The calorie data on the watch will be cleared every day at midnight.

- How to change my activity goal value?

Open the mobile app, go to Settings - Application Settings, tap the target to go to the target settings page and change your activity goal value.

- How to update the watch or App version?

Your watch automatically detect for updates every day. When there is an update, there will be an update notification on the mobile app (make sure your watch has at least 30% power before upgrading).

- How to get notifications from the watch?

Your watch can receive notifications from your mobile, including SMS, incoming call, email notification, etc., to ensure that important information can be monitored at any time. Please make sure Bluetooth is turned on and obtaining information from app is allowed in your mobile.

- How to quick start using the watch?

1. Scan QR code on the watch for pairing and calibrate by scanning calibration method.
2. Swipe left and right by press and hold the watch face until a thumbnail shows up, choose and change a watch face.
3. Swipe up from the watch face to go to notification interface. All history notifications can be checked.
4. Swipe down from the watch face to go to quick setting interface, check weather and QR code, adjust brightness and vibration mode, find your phone, or check bluetooth connection status.
5. Swipe left and right from the watch to go to home page, music control, sleep monitoring, multi-sport mode, breathing exercise, heart rate monitoring etc. functions can be selected.

6. Customer support

- If there is any experience issue with your watch, it may be fixed by restarting your watch (press and hold the crown for 10s).
- For more information, please visit our website www.appscomm.cn.

7. Fcc statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and

(2) This device must accept any interference received, including interference that may cause undesired operation.

Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

Increase the separation between the equipment and receiver.

Connect the equipment into an outlet on a circuit different from that to which the

receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.

RF warning statement:
The device has been evaluated to meet general RF exposure
requirement. The device can be used in portable exposure condition
without restriction.